## Cabot/Marshfield Recycling and Waste Disposal Guide

### Saw Mill Rd. — off rte. 215.
**Saturdays, 8:00am – 12:00pm**

### ADDITIONAL ACCEPTED MATERIALS:

**FOOD SCRAPS:** All food scraps, including meat, bones, and dairy. No PLU stickers, store-bought flowers.

**HOUSEHOLD TRASH** — $3.00/15 gallon bag, $5.00/30 gallon bag. Residents can contract with private waste haulers, check out our Licensed Hauler List on our website.

**SPECIAL WASTES:** 1# Propane Tanks, Aerosols, hard-covered books, tires (fees apply), electronic wastes, batteries, compact fluorescent bulbs, scrap metals, waste oil.

**CLOTHING AND TEXTILES** — Drop and Swaps are held annually, call for more information.

**HOUSEHOLD HAZARDOUS WASTE**— BY APPOINTMENT ONLY, Monday – Friday, May through the end of September in Lyndonville, and special events throughout the District June – September. Call for details.

IF YOU HAVE ANY QUESTIONS – CONTACT THE NORTHEAST KINGDOM WASTE MANAGEMENT DISTRICT AT (802) 626-3532 or (800) 734-4602. [www.nekwmd.org](http://www.nekwmd.org), outreach@nekwmd.org

### SORT ITEMS

<table>
<thead>
<tr>
<th><strong>MIXED PAPER</strong></th>
<th><strong>CORRUGATED CARDBOARD, BOXBOARD, &amp; BROWN KRAFT BAGS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Newspapers, catalogs, telephone books, glossy inserts, paperback books, colored &amp; white paper, wrapping paper and junk mail. Any color or type of paper except: <strong>NO brown Kraft bags, boxboard, coffee cups, ice cream cartons, or metallic wrapping paper.</strong></td>
<td>All Cardboard and Boxboard food packaging. Remove excess tape. Staples are OK. <strong>NO wax-coated cardboard, cardboard soiled with food waste, coffee cups, ice cream cartons, or Styrofoam.</strong> <em>BOXES MUST BE FLATTENED</em></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>TIN CANS</strong></th>
<th><strong>ALUMINUM CANS, FOIL AND FOOD TRAYS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Labels are OK. Flattening not required. Separate from aluminum cans. Tin is magnetic. <em>MUST BE RINSED</em></td>
<td>Labels OK. Flattening not required. <strong>Snack bags and candy wrappers are trash.</strong> <em>MUST BE RINSED</em></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>GLASS BOTTLES &amp; JARS</strong></th>
<th><strong>PLASTIC BAGS</strong></th>
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</thead>
<tbody>
<tr>
<td><em>Rinse, Remove Lids (recycle with tin)</em></td>
<td>Any plastic bag or packaging labelled #2, #4, or #5. Any color accepted. Includes bubble wrap.</td>
</tr>
<tr>
<td><strong>NO porcelain, Pyrex, windows, crystal, light bulbs, lids, metal or wood.</strong></td>
<td></td>
</tr>
</tbody>
</table>

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<tr>
<th><strong>PLASTIC CONTAINERS #1 – #4 &amp; #5 Food Containers</strong></th>
<th><strong>DIRTY OR UNRINSED ITEMS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Max size 2 Gallons / NO BLACK PLASTIC / <em>MUST BE RINSED</em></strong></td>
<td>Black Plastic containers</td>
</tr>
<tr>
<td>Includes food containers, cleaner containers. #5 accepted if it’s a food container.</td>
<td>Plastic Containers larger than 2 Gallons</td>
</tr>
</tbody>
</table>

**DISPOSE OF THESE PLASTIC ITEMS IN THE TRASH:** Any black plastic, Screw-top caps, automotive fluid bottles, pesticide bottles, vinyl siding, toys, CD cases, VHS tapes, Styrofoam, syringes, or medical devices.

**NO...**
- Black Plastic containers
- Plastic Containers larger than 2 Gallons

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[NEKWMD Logo]
List of Items **NOT ACCEPTED** for Recycling
Please put the following items in your trash unless otherwise stated

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### Unacceptable Plastics Include:

- Any **black** plastic containers
- Screw-top Caps
- Motor oil, gas containers
- Pesticide containers
- Styrofoam of any kind
- Planting pots and trays
- Plastic furniture
- Plastic Toys
- Coffee Makers
- Coat hangers
- Vinyl Siding
- Maple Tubing
- CDs, DVDs, VHS, and cases
- Water line pipes and plastic tubing of any size
- **Hard, rigid plastic** (if it shatters, it’s not accepted)

### Unacceptable Plastic Bags and Films

Any films with food residue

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### Unacceptable Cardboard

- Pringles containers
- Milk and Juice Cartons of any kind
- Ice cream and waxy or plastic frozen food boxes
- Cardboard with metallic interior
- Single-use coffee cups
- Soiled Cardboard
- Waxy Cardboard

### Unacceptable Paper

- Kraft brown paper bags (recycle with cardboard)
- White or Brown Boxboard (recycle with cardboard)
- Shiny, glossy, or metallic papers
- Paper plates, cups, bowls
- Single-use cups
- Napkins, paper towels, tissue paper

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### Unacceptable Aluminum

- Chip Bags, Snack Wrappers, Pop tart Wrappers
- Aluminum Flashing (recycle with scrap metal)
- Coffee Bags

### Unacceptable Tin

Recycle these with Scrap Metal

- Frying Pans
- Large Pieces of Metal
- Nails, Screws, Fasteners
- Any tin that is a non-food container

### Unacceptable Glass

- Crystal
- Incandescent light bulbs
- Automotive lights
- Pyrex
- Porcelain

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### Unacceptable Food Scraps

- PLU Stickers (sticks on fruits, vegetables)
- “Biodegradable” cutlery, bowls, plates, utensils
- Food utensils
- Plates, bowls, cups
- Plastic bags
- Styrofoam
- Keurig cups